

RULES - JUST A FEW

- All entrants must be in possession of a race number issued by the organisers, which must be worn on the front of their upper-body garment.
- Participants must keep to the designated route, as indicated.
- Marshalls and traffic officials must be obeyed at all times. Failure to comply with their instructions may lead to immediate disqualification.
- No seconding shall be allowed on the route.
- No cyclists, vehicles or rollerblades/scooters will be permitted on the route.
- 56m Nappy Dash entries strictly for children aged 1 to 3 years.
- 250m Toddlers' Trot entries strictly for children aged 4 to 6 years.
- It is the responsibility of each participant to ensure that he/she is medically fit and healthy to participate in the event.
- Participants of 12 years and younger must be accompanied by an adult.
- Prams and strollers are permitted for the 2.1km and 5.6km events only, but participation is at own risk. These participants must assemble at the rear of the field and give way to runners at all times.
- Pets are not permitted.
- The Organising Committee reserves the right to accept or reject any entry.



OLD MUTUAL TWO OCEANS MARATHON

Cape Town 2018
the world's most beautiful marathon



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PRE-ENTRIES TO BE RECEIVED BY 28 FEBRUARY 2018

Please supply all information - Print clearly using BLOCK LETTERS
(incomplete entry forms will be rejected)

DISTANCE

Please tick event entered: 56m Nappy Dash 250m Toddlers' Trot
 2.1km Fun Run / Walk 5.6km Fun Run / Walk

RUNNER DETAILS

ID number
Surname
Name
Gender M F Age on Fun Run Day Date of birth
Postal address
 Postal Code
E-mail
Tel Cell

From time to time our sponsors may use the information provided by you in this entry form to communicate details about its products and services. If you are prepared to have your information used for this purpose, please place a tick in the box provided.

NEXT OF KIN/ PARENT/GUARDIAN

Surname
Name
Relationship
Contact numbers on Fun Run Day
Tel Cell

PAYMENT

Hand delivery of entries 15 Torrens Rd, Wynberg
Monday to Friday 9:30 - 15:00

Late Entries Old Mutual Two Oceans Marathon Expo at the CTICC or the start at UCT

Online entries www.twooceansmarathon.org.za
and follow the link to Fun Runs

web ticketsactive
AVAILABLE AT **Pick n Pay**

Entry Fee	Amount
All Races - R40	

- Cash
 Pick n Pay (Book online and pay in store/online bookings only)
 Credit Card



Indemnification: I am aware that there are risks associated with the race and I accept responsibility for same due to my child / dependant's participation. I and my heirs, next of kin, executors and administrators agree to waive all claims I may have against the Two Oceans Marathon NPC, its officers, employees, agents, representatives, suppliers, subsidiaries and / or affiliates ("TOM"). I hereby indemnify and exclude TOM from all liability including but not limited to personal injury, death, damage to property, or loss, all actions, proceedings and expenses, resulting directly or indirectly from my child / dependant's participation in the race.

Information provided: I hereby consent to the Two Oceans Marathon NPC making use of any information obtained from me for the purpose of advertising future events and for any purpose necessary for this purpose. I confirm they shall have the right to consolidate, disclose and use information acquired through the race for research and / or commercial purposes while maintaining participant confidentiality, including the right to disclose to any third party to whom it may in its sole discretion deem beneficial to do so. They may further disclose this information in response to a specific request by a law enforcement agency, subpoena or court order.

I, the undersigned, (full names) _____ in my capacity as parent or legal guardian of the above dependant, and in respect of whom I warrant that I have the necessary authority and capacity, agree to the said minor / dependant participating in the race and agree that he / she shall be subject to the terms and conditions of this agreement.

Signature of entrant

Signature of parent/guardian (if entrant is under 18 years)

Date

EVENT INFORMATION

Date

Friday, 30 March 2018

Start Time

10:00 **56m** Nappy Dash - from **1 to 3 years** (must be able to walk)
- limited to 300 entries

10:30 **250m** Toddlers' Trot - **4 to 6 years** (children only)
- limited to 350 entries

11:00 **5.6km** - limited to 3500 entries

12:00 **2.1km** - limited to 2000 entries

Start and Finish Venue

Rugby Fields, Upper Campus, University of Cape Town, Rondebosch

Online Entries

Enter at www.twooceansmarathon.org.za and follow the link to Fun Run entries (**online entries close on 28 February 2018**).

Number Collection and Late Entries

Either at the Old Mutual Two Oceans Marathon Expo

Where CTICC
Cape Town
When Wednesday 28 March
10:00 - 19:00
Thursday 29 March
10:00 - 19:00

OR

On Fun Run Day until 30 minutes before the start of your race

Where Rugby Fields
Upper Campus
University of Cape Town
Rondebosch
When Friday 30 March
from 08:30 onwards

Development Entries

Contact Western Province Athletics (WPA) for information
Telephone number: 021 418 3232

E-mail address: development@wpathletics.co.za



Contact the Old Mutual Two Oceans Marathon

Telephone number: 087 740 5260

Fax number: 086 644 3428

E-mail address: info@twooceansmarathon.org.za

Website: www.twooceansmarathon.org.za